

SILVER DIAMINE FLUORIDE AND CURODONT REPAIR INFORMATION AND INSTRUCTIONS

• SILVER DIAMINE FLUORIDE (SDF)

- The fluoride in SDF boosts tooth strength by remineralizing the enamel, or top layer of your teeth. The silver in SDF kills the bacteria responsible for causing cavities and gum disease. SDF can also treat tooth sensitivity.
- FLUORIDE VARNISH IS OFTEN TIMES PLACED AFTER SILVER DIAMINE FLUORIDE.
- REMEMBER SILVER DIAMINE FLUORIDE CAN STAIN CAVITIES OR WEAKENED TOOTH STRUCTURE. SDF IS USED ON BACK TEETH ONLY.

TO OBTAIN THE MAXIMUM BENEFIT, WE RECOMMEND THE FOLLOWING.

- 1) DO NOT BRUSH, FLOSS, OR USE ALCOHOL MOUTH RINSES UNTIL TOMORROW MORNING IF POSSIBLE.
- 2) EAT A SOFT DIET FOR THE NEXT 6 HOURS (NOTHING CRUNCHY OR STICKY TO EAT). PLEASE AVOID EATING CHIPS, HARD PRETZELS, FRUIT SNACKS, GUM ETC.
- 3) Avoid hot drinks and products containing alcohol for the next 6 hours.
- 4) It is normal to feel the "sticky" varnish on your teeth.

• **CURODONT REPAIR**

- CURODONT FORMS A BIOMATRIX BASED ON THE CUROLOX TECHNOLOGY THAT TRIGGERS
 THE GROWTH OF HYDROXYAPATITE CRYSTALS (TOOTH MINERALS) TO STRENGTHEN
 WEAKENED TOOTH STRUCTURE.
- CURODONT DOES NOT STAIN TEETH AND IS MOSTLY USED ON FRONT TEETH.
- Curodont states there are no restrictions after Curodont is placed but we do ask that you wait for 30 minutes to eat.

CALL/TEXT/EMAIL OUR OFFICE AS NEEDED FOR MORE INFORMATION

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